



**RISULTATI**  
**ITALIAN OPEN 2024**  
**CATEGORIA DONNE**



MIGLIOR ATLETA ASSOLUTO DONNE											
RANK	Atleta	TEAM	CAT.	Peso	Età	MU	PULL	DIP	SQUAT	TOT.	POINTS
1	Sofia Cerdan Bes	ND	-57	56.5	S	7.5	22.5	55	140	225	53.13
2	Aurora Riccardi	MORE	-52	52	S	10	33.75	52.5	112.5	208.75	52.71
3	Elena Paradiso	ND	70	72.65	J	0	32.5	52.5	160	245	49.38
4	Noemi Cucuzza	SAIYAN ACADEMY ASD	-57	54.9	J	1.25	35	45	122.5	203.75	49.2
5	Ilaria Loi	ND	-52	45.2	S	2.5	30	35	95	162.5	46.87
6	Federica Mauri	ND	-57	55.1	S	0	25	37.5	122.5	185	44.54
7	Vittoria Grazioli	ND	-57	55.25	S	0	21.25	50	112.5	183.75	44.15
8	Cristina Coco	MIGHTY GYM	-52	46.75	S	6.25	22.5	32.5	92.5	153.75	42.85
9	Martina De Iturbe	ND	-57	55.1	S	5	30	42.5	90	167.5	40.33
10	Giulia Cadei	CMB	-57	56.55	J	0	30	35	105	170	40.12
11	Tatiana Coli	ND	-63	57.8	S	3.75	33.75	40	95	172.5	40.05
12	Maria Stella Aniello	ND	-63	58.2	M 2	1.25	40	50	80	171.25	39.56
13	Ilaria Casarotto	CMB	-52	51.7	J	5	25	30	80	140	35.53
14	Susanna Franceschini	MIGHTY GYM	-57	54.15	M 2	0	15	25	105	145	35.4
15	Chiara Vitobello	CMB	-63	61.95	S	0	20	25	100	145	32.07
16	Krystina De Sanctis Stinziani	SAIYAN ACADEMY ASD	-57	54.65	J	0	10	27.5	90	127.5	30.9
17	Federica Zappa	CMB	-63	59.85	S	0	17.5	37.5	70	125	28.3
18	Giulia Riva	CMB	-70	70	S	0	12.5	20	90	122.5	25.18

19	Enza Iannone	CMB	-52	50.35	<b>M 2</b>	0	17.5	17.5	60	95	24.68
20	Francesca Vitale	CMB	-52	50.05	S	0	12.5	15	60	87.5	22.85
21	Claudia Rossi	CMB	-57	52.95	M 1	0	10	15	65	90	22.38
DSQ	Maria Travagliante	MIGHTY GYM	-63	58.95	S	0	30	50	110	190	43.48
DSQ	Nicole Anania	ND	-57	55.8	S	0	22.5	0	130	152.5	36.36
DSQ	Selly Ortis	ND	-52	48.4	S	0	22.5	35	112.5	170	45.8

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**DONNE -52 KG**

RANK	Atleta	TEAM	CAT.	Peso	Età	MU	PULL	DIP	SQUAT	TOT.	POINTS
1	Aurora Riccardi	MORE	-52	52	S	10	33.75	52.5	112.5	208.75	52.71
2	Ilaria Loi	ND	-52	45.2	S	2.5	30	35	95	162.5	46.87
3	Cristina Coco	MIGHTY GYM	-52	46.75	S	6.25	22.5	32.5	92.5	153.75	42.85
4	Ilaria Casarotto	CMB	-52	51.7	J	5	25	30	80	140	35.53
5	Enza Iannone	CMB	-52	50.35	M 2	0	17.5	17.5	60	95	24.68
6	Francesca Vitale	CMB	-52	50.05	S	0	12.5	15	60	87.5	22.85
DSQ	Selly Ortis	ND	-52	48.4	S	0	22.5	35	112.5	170	45.8

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**DONNE -57 KG**

RANK	Atleta	TEAM	CAT.	Peso	Età	MU	PULL	DIP	SQUAT	TOT.	POINTS
1	Sofia Cerdan Bes	ND	-57	56.5	S	7.5	22.5	55	140	225	53.13
2	Noemi Cucuzza	SAIYAN ACADEMY ASD	-57	54.9	J	1.25	35	45	122.5	203.75	49.2
3	Federica Mauri	ND	-57	55.1	S	0	25	37.5	122.5	185	44.54
4	Vittoria Grazioli	ND	-57	55.25	S	0	21.25	50	112.5	183.75	44.15
5	Giulia Cadei	CMB	-57	56.55	J	0	30	35	105	170	40.12
6	Martina De Iturbe	ND	-57	55.1	S	5	30	42.5	90	167.5	40.33
7	Susanna Franceschini	MIGHTY GYM	-57	54.15	M 2	0	15	25	105	145	35.4
8	Krystsina De Sanctis Stinziani	SAIYAN ACADEMY ASD	-57	54.65	J	0	10	27.5	90	127.5	30.9
9	Claudia Rossi	CMB	-57	52.95	M 1	0	10	15	65	90	22.38
DSQ	Nicole Anania	ND	-57	55.8	S	0	22.5	0	130	152.5	36.36

**DONNE -63 KG**

RANK	Atleta	TEAM	CAT.	Peso	Età	MU	PULL	DIP	SQUAT	TOT.	POINTS
1	Tatiana Coli	ND	-63	57.8	S	3.75	33.75	40	95	172.5	40.05
2	Maria Stella Aniello	ND	-63	58.2	M 2	1.25	40	50	80	171.25	39.56
3	Chiara Vitobello	CMB	-63	61.95	S	0	20	25	100	145	32.07
4	Federica Zappa	CMB	-63	59.85	S	0	17.5	37.5	70	125	28.3
DSQ	Maria Travagliante	MIGHTY GYM	-63	58.95	S	0	30	50	110	190	43.48

**DONNE -70 KG**

RANK	Atleta	TEAM	CAT.	Peso	Età	MU	PULL	DIP	SQUAT	TOT.	POINTS
1	Giulia Riva	CMB	-70	70	S	0	12.5	20	90	122.5	25.18

**DONNE + 70 KG**

RANK	Atleta	TEAM	CAT.	Peso	Età	MU	PULL	DIP	SQUAT	TOT.	POINTS
1	Elena Paradiso	ND	70	72.65	J	0	32.5	52.5	160	245	49.38